

INTERVENTION METHODOLOGY FOR SOCIAL WORK WITH GROUPS

INTRODUCTION

As an extension to *Basics of Social Work with Groups*, and beginning with a presentation of the different intervention environments in which workers and social workers carry out their professional activity, this subject seeks to offer students the opportunity to experience a group environment at first hand. Students can examine and apply theoretical knowledge on group composition, structure and processes, and develop and improve their knowledge, abilities and attitudes in order to be able to plan, set up, conduct and evaluate groups.

COMPETENCIES

- Establish professional relationships with the aim of identifying the most appropriate forms of intervention.
- Intervene with persons, families, groups, organizations and communities to assist them in taking well-founded decisions regarding their needs, circumstances, risks, preferred options and resources.
- Interact with persons, families, groups, organizations and communities to achieve change, to encourage self-development and to improve living conditions through the use of social work methods and models, regularly monitoring the changes arising in order to prepare the completion of the intervention.
- Support the development of networks to address needs and work toward planned outcomes, working with people to examine the support networks they can develop and access.
- Encourage growth, development and independence of persons, identifying opportunities to create and build groups, using programmes and group dynamics for individual growth and the strengthening of interpersonal relationship skills.
- Analyse and organize information obtained in the course of daily work as an aid to reviewing and improving the professional strategies required for responding to emerging social situations.
- Design, implement and evaluate social intervention projects.
- Defend persons, families, groups, organizations and communications and act on their behalf if the situation so requires.
- Prepare and participate in decision-making meetings for purposes of better defending the interests of persons, families, groups, organizations and communities.
- Administer and take responsibility for one's own work, setting priorities, meeting professional obligations and evaluating the effectiveness of the work programme itself.
- Work effectively within systems, networks and interdisciplinary and multi-organizational teams, with the aim of collaborating to set aims, objectives and timeframes, in addition to contributing to constructively addressing disputes that may arise.
- Research, analyse, evaluate and use current knowledge regarding best practices in social work to review and update knowhow on working practices and frameworks.
- Work within agreed standards for the practice of social work and ensure personal professional development, using professional assertiveness to justify decisions, reflecting critically on those decisions and using supervision as a means to meet professional development needs.

CONTENT

1. Planning social work with groups.
2. Applying knowledge to group composition, structure and processes at the initial stage.
3. Applying knowledge to group composition, structure and processes at the intermediate stage.
4. Applying knowledge to group composition, structure and processes at the final stage.
5. Environments for application and new formats in social work with groups.